



## Taking in the State's sights from a saddle

DALKEITH cyclist Peter Panek will embark on his first multi-day cycle when he takes part in the 560km, nine-day WA Great Bike Ride in the State's South-West.

Mr Panek, who competed in the Tour Down Under last year, is excited about seeing towns like Pemberton, Karridale, Margaret River, Dunsborough, Busselton, Balingup and Nannup through the eyes of a cyclist.

"I haven't done a 'cyclo tourism' event before so I'm looking forward to seeing a fabulous part of the State on a bike," he said.

Mr Panek started cycling about 10 years ago to keep fit and healthy, and has increased his training regime in the past month to prepare for the South-West bike ride.

"I enjoy the camaraderie I have with my fellow cyclists and a competition from time to time," he said.

The WA Great Bike Ride from March 19-27 is organised by not-for-profit group The Bicycle Network and is expected to attract more than 2000 cyclists of all ages.

Visit [www.bicyclenetwork.com.au](http://www.bicyclenetwork.com.au).

**In your bike... Peter Panek will tour the South-West on his bicycle.**

Picture: Will Russell

d348440